

Kubo Number - Action/Angle Variables

Now, $K_H < 1 \iff \left(\frac{\tau_{ac}}{\tau_0} \right)^3$

$$\bar{m}^2 \left(\frac{\partial \omega}{\partial J} \right)^2 \Delta_J \tau_{ac}^3 < 1$$

$$\Delta_J \sim \left(\frac{\partial H^{(4)}}{\partial \theta} \right)^2 \tau_{ac}$$

$$\bar{m}^2 \left(\frac{\partial \omega}{\partial J} \right)^2 \left(\frac{\partial H^{(4)}}{\partial \theta} \right)^2 \tau_{ac}^2 \tau_{ac}^2 < 1$$

$$\frac{\left(\frac{\partial H^{(4)}}{\partial \theta} \right)^2 \tau_{ac}^2}{\Delta_J^2} \quad \left[\Delta_J^2 \bar{m}^2 \left(\frac{\partial \omega}{\partial J} \right)^2 \tau_{ac}^2 < 1 \right]$$

Δ_J^2
 \downarrow
 K_H

$$\left(\frac{\partial}{\partial J} (m\omega) \Delta_J \right)^2 \tau_{ac}^2$$

\downarrow
 Doppler speed

\rightarrow autocorrelation time

$$\frac{\left(\frac{\partial H^{(4)}}{\partial \theta} \right)^2 \tau_{ac}^2}{\Delta_J^2} (1) < 1$$

$K_H < 1 \quad \downarrow$